



The Globe Primary Academy Termly Overview of PE 2021-22

		Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
R	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Outside/Inside	Fundamentals 1 How to hold and manipulate small and large equipment in different ways. Develop skills of rolling	Dance Toy Shop Dance - basic actions and movements	Gymnastics To know how to perform a roll, balance, jump and travel on a mat and apparatus. To link 2 actions together to create a sequence. To copy and repeat actions.	Fundamentals 2 Develop skills of kicking, dribbling and bouncing a ball with some control.	Fundamentals 3 Develop and practise movement skills through games with bean bags, cones, balls and hoops. Develop skills of throwing, aiming and catching.	Athletics Basic movements of running, jumping and throwing. Developing control, coordination and confidence. Spatial Awareness
Reception Vocab	Athletics	Dance	Gymnastics	Invasion Games	Striking and Fielding	Racket Ball	OAA
	backwards, distance, far, fast, forwards, furthest, high, hop, link, medium, power, sideways, slow,	Dance, twist, turn, rhythm, step, music, beat, stretch, feet, curl, high, low, fast, slow.	Jump, roll, balance, travel, control, speed, link, slow, fast, high, low, shape, sequence, pattern, movement, music, timing.	Attack, catch, compete, defend, over-arm, play against, receive, rolling, send, throw	Hit, throw, catch, stop,	Hit, collect, stop, net, throw, roll, Catch	maps, follow, plan
Year 1/2 Year A (2021-22)	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Outside/Inside	Fundamentals 1: Ball Skills Can hold a bean bag/ball correctly. Show some control and accuracy with the basic actions of rolling and underarm throwing. To be confident to play games and activities and use the space around them safely	Dance Arabian Nights Dance - Using balance and control to perform a dance. Exploring shapes.	Gymnastics To know how to perform a roll, balance, jump and travel, using changes in level, direction and speed. To link actions together to create a sequence. To improve and create quality performances To copy, create and link movement phrases with beginning, middle and end..	Fundamentals 2: Ball Skills Kicking, dribbling and using hockey sticks to move the ball in different ways Try to win by changing the way they use their skills in response to others' actions	Athletics (Run Throw Jump) Improving balance and agility. Learning techniques. Cooperative challenges.	OAA To use simple table top maps and plans confidently and to follow simple routes and trails successfully. To work with others to solve simple challenges.
Year 1 Vocab	Athletics	Dance	Gymnastics	Invasion Games	Striking and Fielding	Racket Ball	OAA
	run, hop, skip, step, forwards, backwards, sideways, throw, high, far, straight, furthest, distance, fast, slow, medium, link, skipping, power, track, relay, tag, partner, sprint.	Dance, twist, turn, rhythm, step, music, beat, stretch, feet, curl, high, low, fast, slow, compose, choose, select, emotions, canon, rhyme, theme, character, round, respond.	Balance, body tension, carry, control, extension, fast, hang, high, jump, like, link, low, movement, muscles, music, pattern, relaxation, roll, sequence, shape, slow, speed, strength, timing, travel.	Attack, catch, compete, defend, over-arm, play against, receive, rolling, send, throw	Hit, throw, catch, stop, feed, field, , hitter, pick up, return, roll, strike, throw	Hit, collect, stop, net, throw, roll, strike, catch, feed, pick up, hitter, forehand, backhand, court.	maps, problem-solving, follow, plan,
Year 1/2 Year B (2022-23)	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Outside/Inside	Fundamentals 1: Ball Skills To develop range of rolling, throwing and catching skills. To choose and use tactics to suit different situations To react to situations in a way that helps their team and makes it difficult for their opponents. Show awareness of others in running games (Use 3 as well)	Dance Brazilian Dance - Samba (Topic change - will need adapting as topic is changing).	Gymnastics To be able to perform small body part balances, linked through travelling, rolling and jumping. To use different levels and changes in direction and speed. To link actions together to create a sequence. To improve and create quality performances.	OAA To use maps of the school accurately. To discuss strategies and ideas with others and find alternative ways of completing challenges.	Fundamentals 2: Ball Skills Developing and improving Kicking and dribbling skills Understand game play and use tactics appropriately To play increasingly complex games using a variety of different sized balls. To throw and catch a range of balls. showing accuracy and control. To know how to beat an opponent. (use 3 as well)	Athletics (Run Throw Jump) Extend agility, balance and coordination. Confident movers. Competitive activities.



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Year 2 Vocab	Athletics	Dance	Gymnastics	Invasion Games	Striking and Fielding	Racket Ball	OAA
	run, hop, skip, step, forwards, backwards, sideways, throw, high, far, straight, furthest, distance, fast, slow, medium, link, skipping, power	Dance, twist, turn, rhythm, step, music, beat, stretch, feet, curl, high, low, fast, slow, direction, huddle, group, mood, feeling, musicality, respond, galloping, Flying, jumping.	Jump, roll, balance, travel, control, speed, link, slow, fast, high, low, shape, sequence, pattern, movement, music, timing, hang, like, carry, relaxation, extension, body tension, muscles, strength, rock, roll, trnu, spin.	Aim, attack, compete, controlling, cooperate, defend, direction, Fluency, following, kick, pitch, play against, rebound, receive, scoring, send, speed.	Hit, catch, runs, wicket, bats, bowl, feed, throw, catch, underarm, over arm	Hit, collect, stop, net, throw, roll, strike, catch, bowl, feed, pick up, hitter, forehand, backhand, court, serve, bounce, drop, badminton, tennis, volleyball, squash, shuttlecock, racquet	maps, problem-solving, lead, follow plan, trust
Year 3	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Outside/Inside	<p>Invasion game skills: Pass, receive and dribble the ball keeping control and possession.</p> <p>FOOTBALL Develop a range of skills to enable them to know how to keep possession and make progress towards a goal</p> <p>Netball</p>	<p>Gymnastics To know how to move their bodies with control and fluency, working with a partner devising a sequence and using changes in level, direction and speed. To improve and create quality performances.</p>	<p>Dance Machines - using percussion to support dance. Creating motifs</p>	<p>Game Play: On The Attack To play increasingly complex games using a variety of different sized balls, showing accuracy and control and a range of techniques. To know how to move around a space safely when playing games and to use this to beat an opponent. Understand game play and use tactics appropriately</p> <p>Football and Netball</p>	<p>Striking and Fielding Skills Use a variety of ways of striking a ball. Begin to use tactics and knowledge of striking and fielding games and develop a broader range of skills.</p>	<p>Racket and ball skills Explore different types and sizes of rackets and different ways to strike a ball.</p>
Year 3 vocab	Athletics	Dance	Gymnastics	Invasion Games	Striking and Fielding	Racket Ball	OAA
	run, jump, throw, agility, power, speed, track, force, distance, curve, accelerate, hurdles, foam javelins, vortex howler, bounce, relay, baton, safety, rules, targets, record, set, take over, pass	Dance, twist, turn, rhythm, step, music, beat, stretch, levels, fast, slow, direction, huddle, group, mood, feeling, musicality, emotions, facial expression, improvisation, rehearse, director	Fluency, contrasting, unison, low, combinations, full turn, half- turn, sustained, explosive, power, control, group, similar, different, bounce, box splits.	Space, pass, accurately, mark, dodge, attack, defend, footwork, possession, change of direction, tactics, teamwork, shooting, zones, intercept Control, use space, defend, attack, dribble, pass, tactics, compete, collaborate, teamwork, score, shoot, intercept, foot, inside of the foot, touch, possession	Batting, fielding, bowling, bat, bases, ball, run, batter, bowler, fielder, innings, no ball, batting box, backstop, rounders, half rounders, wicket, stumps, crease, boundary, run, batsman, bowler, wicketkeeper, field, innings	Hit, return, court, forehand, backhand, bounce, points, score, net, tactics, underarm, overarm	maps, diagrams, scale, symbols, orienteering, controls, challenges, problem-solving, lead, follow, plan, trust
Year 4	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Outside/Inside	<p>Racket and ball skills To use a rackets to direct the ball in different ways. How to direct the ball in different ways</p>	<p>Dance Comic Strip - exploring moods within pictures and representing them in movements. Exploring less obvious body parts to convey meaning</p>	<p>Gymnastics Apply compositional ideas to the sequences they create. Repeat and perform accurately longer sequences with more challenging actions.</p>	<p>Invasion game skills Devise rules for their own games and suggest how rules can improve the game</p> <p>Game Play: Calling the Shots Outwitting opponents, agreeing rules and applying principles of team play to keep possession</p> <p>NETBALL/FOOTBALL</p>	<p>OAA Develop the range of skills and actions they use to solve problems. To apply their map skills when setting routes for others.</p>	<p>Athletics Running styles, changing speed. Relay takeovers. Improving technique for running and jumping.</p>



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Year 4 vocab	Athletics	Dance	Gymnastics	Invasion Games	Striking and Fielding	Racket Ball	OAA
	run, jump, throw, agility, power, speed, track, force, distance, curve, accelerate, hurdles, foam javelins, vortex howler, bounce	Dance, turn, rhythm, stretch, levels, fast, slow, direction, huddle, mood, feeling, emotions, facial expression, improvisation, rehearse, director, choreographer, slide, formation, freeze frames	Fluency, contrasting, unison, low, combinations, full turn, half-turn, sustained, explosive, power, control, group, similar, different, bounce, box splits, tension, travelling steps	Control, use space, defend, attack, dribble, pass, push, slap, tactics, compete, collaborate, teamwork, score, shoot.	Batting, fielding, bowling, bat, wicket, stumps, ball, crease, boundary, run, batsman, bowler, wicketkeeper, field, innings, strike, cross, four, six, single, over, balls, pull, shot, forward, bases, backstop, field, innings, strike, cross, rounder, half-rounder, balls, shot, forward	Hit, return, court, forehand, backhand, bounce, points, score, net, tactics, underarm, overarm, position, ready	maps, diagrams, scale, symbols, orienteering, compass, challenges, problem-solving, lead, follow, plan, trust, solve, cardinal points
Year 5	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Outside/Inside	Game Play To develop the range of skills needed in invasion games with accuracy, confidence and control. To choose and apply skills consistently within game situations Hockey/RUGBY	Dance Olympics Dance - Exploring different ways of moving the body to represent actions	Body Conditioning and Fitness Monitoring heart rate and fitness levels. Focus on body control and strength of a team.	Game Play: Wide Attack Demonstrate a range of attacking and defending skills and working well as part of a team Rugby/Hockey	Game Play: Racket and Ball Develop range and consistency of the skills, especially in net games.	Striking and Fielding Skills Know and use different ways of bowling and range of fielding skills. To use and adapt rules, strategies and tactics, using their knowledge of batting and fielding principles.
Year 5 Vocab	Athletics	Dance	Gymnastics	Invasion Games	Striking and Fielding	Racket Ball	OAA
	run, jump, throw, agility, power, speed, track, force, distance, curve, accelerate, hurdles, foam javelins, vortex howler, bounce, relay, baton, safety, rules, targets, record, set, take over, pass	Dance, stretch, levels, mood, feeling, emotions, facial expression, improvisation, rehearse, director, choreographer, slide, formation, locomotion, Bangra, wall patterns, steps, dance style	Symmetry, sequences, combinations, direction, speed, partner, asymmetrical, elements, control, balance, strength, Flexibility, asymmetrical	Control, use space, defend, attack, dribble, pass, push, slap, tactics, compete, collaborate, teamwork, score, shoot, positions, power, distance, perform, consistent, fair play Passing, Running, Backwards, Tag, Straight, Space, Teamwork, Try area, retain, contest, possession, pressure, support, pop pass, turn over, lose pass	Stance, bowling, bat, wicket, stumps, crease, boundary, batsman, bowler, wicketkeeper, bail, field, innings, strike, cross, four, six, single, over, balls, shot, forward, defensive, offensive box, backstop, field, innings, rounder, half-rounder, over, balls, shot,	Hit, return, court, forehand, backhand, bounce, points, score, net, tactics, underarm, overarm, position, ready, volley, overhead, singles, doubles	maps, diagrams, remember, symbols, orienteering, challenges, problem-solving, lead, challenge, plan, trust, solve, team, design, instructions, extend, orient, Morse code, decipher, individual
Year 6	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Outside/Inside	Game Play: Racket and Ball To improve consistency of techniques for different purposes within net games.	Body Conditioning and Fitness Monitoring heart rate and fitness levels. Focus on body control and strength of a team.	Gymnastics To understand flight. To create a paired sequence demonstrating a variety of flight actions. Devise exercises that will improve their fitness for gymnastics.	Game Play Use different techniques for passing, controlling, dribbling and shooting within games. Use marking, tackling and intercepting to improve defense skills. Plan attacking tactics. Rugby/Hockey	OAA To find solutions to challenges set. Create own course and plan how to complete timed challenges.	Athletics Using control, power and sound technique. Leading warm ups. Running over different distances and times. Completing athletics challenges.
Year 6 vocab	Athletics	Dance	Gymnastics	Invasion Games	Striking and Fielding	Racket Ball	OAA
	run, jump, throw, agility, power, speed, track, distance, curve, accelerate, hurdles, foam javelins, vortex howler, bounce, relay, baton, safety, rules, targets, record, set, take over, pass, strength, judge, trajectory	Motif, phrase, street dance, Hakka, Step, slide, repeat, beat, composition, collaborate, formations, stag leap, rebound, expression, gesture, dynamics	Flight, sequences, combinations, direction, speed, partner, asymmetrical, actions, control, balance, strength, Flexibility, half lever, box splits, bridge, broad jump, splits, dish, arch, bounce	Control, use space, defend, attack, dribble, pass, tactics, compete, collaborate, teamwork, score, positions, power, distance, perform, consistent, fair play, tackle, covering, supporting Passing, Running, Backwards, Tag, Straight, Space, Try area, retain, contest, possession, pressure, support	Tactics, shots, bowling, wicket, stumps, crease, boundary, stance, innings, strike, cross, four, six, single, over, balls, shot, forward, defensive, offensive, wide, no ball Stance, bowling, bat, box, batsman, bowler, backstop, field, innings, strike, cross, rounder, half-rounder, over, balls, shot, defensive, offensive, predict, place, select	Hit, return, court, forehand, backhand, bounce, points, score, net, tactics, underarm, overarm, position, ready, volley, overhead, singles, doubles, control, sidestep,	Maps, diagrams, scale, symbols, orienteering, compass, challenges, problem-solving, lead, follow, plan, trust, solve, team, design, instructions, extend, knot, orient



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