PSHE Overview – Whole School

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	**Unit**	**Awesome Autumn Once upon a time**	**Twinkle, Twinkle**	**People are amazing**	**When I grow up**	**What a wonderful world**	**Lights, Camera, Action**
	Content	*Making new friends, understanding my own feelings, introduction to the zones of regulation*	*Recognising the feelings of others*	*Recognizing the strengths of others. Becoming resilient.*	*Healthy bodies and minds. Understanding oral health.*	*Respecting differences of opinion, feelings and strengths.*	*Self confidence, transitioning to a new year and the impact of change.*
	Future						
Year 1	**Unit**	**My Family and Me**	**Being the Healthiest Me**	**Citizenship**	**Caring for the Wider World**	**Safe Me**	**Economics**
	Prior	*EYFS continuous provision*	*EYFS continuous provision*	*EYFS continuous provision*	*EYFS continuous provision*	*EYFS continuous provision*	*EYFS continuous provision*
	Future	*Y2 My Friends and Me*	*Y2 Healthy Me*	*Y2 Jobs in our Community*	*Y4 Collective Responsibility*	*Y2 What's the Risk?*	*Y2 Jobs in our Community*
Year 2	**Unit**	**How am I feeling?**	**My Friends and Me**	**Healthy Me**	**Jobs in our Community**	**My Body**	**What's the Risk?**
	Prior	*Y1 My Family and Me*	*Y1 Citizenship*	*Y1 Being the Healthiest Me*	*Y1 Economics*	*Y1 My Family and Me*	*Y1 Safe Me*
	Future	*Y3 Pressures I may Face*	*Y3 Great Friends Think Alike*	*Y3 Looking After Me*	*Y3 People in our Community*	*Y4 Puberty*	*Y3 Pressures I may Face*
Year 3	**Unit**	**Pressures I may Face**	**Great Friends Think Alike**	**Looking After Me**	**People in our Community**	**We are Family**	**First Aid**
	Prior	*Y2 What's the Risk?*	*Y2 My Friends and Me*	*Y2 Healthy Me*	*Y2 Jobs in our Community*	*Y1 My Family and Me*	*Y1 Safe Me*
	Future	*Y4 managing Myself and My Behaviour*	*Y4 Respecting the Individual*	*Y4 Puberty*	*Y5 Careers Week*	*Y4 Responsible Me*	*Y5 First Aid and Head Injuries*
Year 4	**Unit**	**My Feelings and Me**	**Responsible Me**	**Respecting the Individual**	**Managing Myself and My Behaviour**	**Collective Responsibility**	**Puberty**
	Prior	*Y3 Great Friends Think Alike*	*Y3 We are Family*	*Y3 Great Friends Think Alike*	*Y3 Pressures I May Face*	*Y1 caring for the Wider World*	*Y3 Looking After Me*
	Future	*Y6 My Mental Health and Me*	*Y5 Online Safety*	*Y5 Similarities, Differences and Stereotypes*	*Y6 My Mental Health and Me*	*KS3*	*Y5 Growing Up*
Year 5	**Unit**	**Similarities, Differences and Stereotypes**	**Careers Week**	**Online Safety**	**First Aid and Head Injuries**	**Growing Up**	**What do I know about drugs?**
	Prior	*Y4 Respecting the Individual*	*Y3 People in Our Community*	*Y4 Responsible Me*	*Y3 First Aid*	*Y4 Puberty*	*Y4 Managing Myself and My Behaviour*
	Future	*Y6 Changing Relationships*	*Y6 Moving on up*	*Y6 Living in an Online World*	*KS3*	*Y6 Reproduction*	*Y6 Choices, choices, choices*
Year 6	**Unit**	**My Mental Health & Me**	**Choices, Choices, Choices**	**Living in an Online World**	**Changing Relationships**	**Reproduction.**	**Moving on up**
	Prior	*Y4 My Feelings and Me*	*Y5 What do I know about drugs?*	*Y5 Online Safety*	*Y5 Similarities, Differences and Stereotypes*	*Y5 Growing Up*	
	Future	*KS3*	*KS3*	*KS3*	*KS3*	*KS3*	*KS3*