WE ARE AN ANTI-BULLYING SCHOOL



Bullying is deliberately hurtful behaviour that is repeated over time, where there is an imbalance of power.

Bullying can be:

Emotional: being unkind, excluding, provoking, name calling, teasing and making gestures.

Physical: pushing, hitting, kicking or any use of violence.

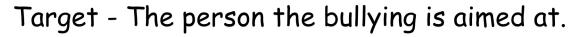
Online: sending messages, unkind posts, sharing unkind things

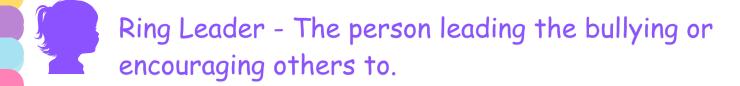
- Be kind
- Speak up if you see or hear something that isn't right
- Speak to an adult if you or someone else is being bullied

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Reinforcer - Don't join in with bullying but encourage it e.g. watch, laugh or encourage others.

Assistant - Person/s actively involved in doing the bullying.

Defender - Helps the target or encourages bullying to stop .

Bystander / Outsider - Those who ignore the bullying and don't get involved.